fore Section IV of the Pan-American Scientific Congress yesterday morning on "Essential Education for the Average Woman," was the essence of a problem just as widely recognized as it is casually dismissed by the world of men and women. The world of men and women. The man is trained from early youth for age working life is short, from three man is trained from early youth for short of the problem has long outgrown any sentimental viewpoint. The average girl marries, Miss Tarbell—and she thinks it is, but scarcely under the present system which is inclined to be super-thickly and lacks the necessary wide-spread support. "This training," says man is trained from early youth for the problem has long outgrown any sentimental viewpoint. The average girl marries, Miss Tarbell—and she thinks it is, but scarcely under the present system which is inclined to be super-thickly and lacks the necessary wide-spread support. "This training," says man is trained from early youth for the gravity of the problem has long outgrown any sentimental viewpoint. The average girl marries, Miss Tarbell—and she thinks it is, but scarcely under the present system which is inclined to be super-thickly and man is trained from early youth for the gravity of the problem has long outgrown any sentimental viewpoint. The average girl marries, Miss Tarbell—and she thinks it is, but scarcely under the present state of the present state of the gravity of the problem has long outgrown any sentimental viewpoint. The average girl marries, Miss Tarbell—and she thinks it is, but scarcely under the present state of the gravity of the problem has long outgrown any sentimental viewpoint. The average girl marries, Miss Tarbell—and she thinks it is, but scarcely under the present state of the gravity of the Peruvin Legation, the is, but scarcely under the present state of the present state of the gravity of the Peruvin Legation of Salvador, The average girl marries, Miss Tarbell—and she thinks it is, but scarcely under the present state of the present state of the world of men and women. The man is trained from early youth for his professional career and the girl is left to "just grow," is the case in embarking upon their matrimonial continue through the high school. man is trained from early youth for his professional career and the girl is left to "just grow," is the case in brief; the man, whose life is lived in a world of business, is fitted for its would be ridiculous were they seeking a world of business, is fitted for its would be ridiculous were they seeking that our social system makes on the home. Nothing else is going to lift the sour rests on house- and Mrs. Howard H. Leytus, Col. and in 70 per cent out of 100 cases is keeping position with the same un- the stigma that now rests on househer way instinctively.

Perhaps there is a subtle flattery in science of housekeeping, the knowl- ed, always is despised." the assumption that women can be edge of motherhood, will come to

wifehood and motherhood, must find preparedness. But the fatuous among keeping labor for hire. Labor for

successful without training, that them as instinctively as flight to the Miss Ida M. Tarbell's address be- knowledge of housekeeping and child- eagle and summer to the cycle of the

us believe that culinary art, the which no scientific training is provid-

MARY MARSHALL.

HOUSEWIVES DAILY ECONOMY CALENDAR

By FRANCES MARSHALL

CARE OF THE THROAT.

If you have caused a dark line to ap pear about your throat because of the new high collars, your first treatment must be toward eliminating it. Cold water will stand you in little stead: the neck should be washed with warm water, into which a few drops of benzoin have been added. This done, you should exercise the neck until a free perspiraexercise the neck until a free perspira-tion appears, then again bathe it in warm water, and apply the following lotion; letting it dry on the neck: Borle acid, one drachm; distilled witch hazel, two ounces; rosewater, two

To keep the neck in good condition it should be exercised in this way: Bend the head back and forward and from side to side, and you will soon bring on a perspiration, if you have first opened the pores by a warm bath. Or you can fake a small Turkish towel and rub the neck freely with it. The idea is to open the pores so that the bleaching lotion will give quicker results. This treatment should be given every night until the

work of keeping the skin soft and white should be done at night. If you have been out in the air, with sun and wind beating against your throat all day, then apply cold cream before you wash the neck. This loosens the dust, when the neck should be wiped off with a bit of old linen. If you are averse to using cold cream, a very good emollient can be made at home. Take the white of one raw egg, and beat it to a very stiff froth—so stiff that it can be turned upoff with a clean cloth, and then

grains of powdered borax, five grams of tincture of benzoin, ten grams of pure rosewater. Shake the ingredients well

until thoroughly mixed, and mop the neck with the lotion, letting it dry on. This lotion can be used twice a day, at night and after the morning bath. After the morning bath, apply the lotion and then dust the throat with a pure

FAMOUS WOMAN, HER BIRTHDAY AND YOURS

By MARY MARSHALL

December 31-Mrs. Caroline Wilson, Anna Gurney.

Anna Gurney, born eight years later, on lecting the right "leading strings." This the last day of the year, both gained one is typical:
"Dear Aunt Chatty:" Wilson was the ninth child of

When she was forty-four she visited Paris and that same year she married Mrfi Wilson. She wrote many hymns and religious books—her best known hymn being "For What Shall I Praise Thee, My God and My King."

Anna Gurney was an Angio-Saxon scholar. She lived an active and happy life of sixty-two years in spite of the fact that she was a paralytic and was never able to stand. She had a good mind, and devoted it to the study of Angio-Saxon literature. But her interests were not all scholarly. She lived on the seashore, and bought the best lifesaving apparatus of the day, so that mind, and devoted it to the study of Anglo-Saxon literature. But her interests were not all scholarly. She lived on the seashore, and bought the best life-saving apparatus of the day, so that whenever there was a wreck she could be carried to the beach to direct the saving of the half-drowned sailors and passengers. She was also interested in the negro-emancipation question, and passengers. She was also interested in the negro-emancipation question, and she had extensive correspondence with

In spite of her invalidism, she traveled, and after her journey to Rome and Athens, she was made the first woman member of the Archaeological society. In later life she became a student of Danish, Swedish and Russian literature.

HOROSCOPE.

"The stars incline, but do not compel."

Friday, December 31, 1918.

Aunt Chatty's Mothers' Club

THIS is a real Mothers' Club, for the benefit of mothers everywhere who are struggling with questions of discipline, training, educa-tion, clothing, for the children. Write to Aunt Chatty of problems which are vexing you, and she will advise and help you to a solution of Write to her, too, of your own discoveries, of methods you have found successful in smoothing the rough paths of life for the tender, childish feet, that through the Mothers' Club your experience may be of benefit to other mothers who are still tangled in the web of perplexity you have so happily unraveled.

Co-operation is the secret of success in any business; so why not in the business of motherhood, that highest and holiest calling which always has been and always will be woman's crown of glory, no matter what other avenues of usefulness may be opened to her? Address Mrs. Charity Brush, care of this paper.

choose? If you still direct your ways by the old precept, "Spare the rod and spoil the child," you will not need to provide yourself with an outfit of leading strings. Of course, you run the risk of driving your children into sullen obstinacy or into open rebellion by your recourse to brute force in forming their characters, but you probably have never weighed the possibilities of any other mode of treatment. You were reared in that way yourself, and "What was good enough for my father and mother is good better and much pleasanter to use than scourges."

for my father and what was good enough for my father and mother is good enough for me!" Is that the way you reason about it? The mother who is making an earn-est study of the business of child training wants to avail herself of all the modern inventions for her job. She will keep in touch with the best thought of the day, for she knows that progress cannot be made in one de-partment of life alone—each must keep pace with all the others, or, on

veloped point. And so we mothers must do our share in bringing our part of the process to its highest point of officiency if we ourselves are fit to be counted in with the roll of God's workmen. The rod theory should be definitely discarded.

Anna Gurney.

Many of our members have begun to realize this truth and almost every mail brings me letters asking for help in se-

one is typical:
"Dear Aunt Chatty:"
"I am at my wits' end to know how to control my little boy. He is only five years old, but he is the most headstrong. John Fry, a farmer. Her older brothers and sisters had been carefully educated, and her education devolved upon them. It was thorough, but a little unusual, and it was partly accomplished by the wide and undirected reading which she did. When she was fifteen she wrote a history of England in verse, which her father published.

She spent a year or so in a school at London, and was then, when she was about eighteen, introduced to society. She was a beautiful young woman, as her picture by Sir Thomas Lawrence testifies; but she was of a deeply religious nature and society alone did not satisfy her. So she got up a periodical, which she both edited and wrote and six numbers of which, she wrote, were ordered monthly for his majesty's library.

When she was forty-four she visited Mrf Wilson. She wrote many hymns and religious books—her best known hymn being "For What Shall I Praise" consideration, for of them is this voice was the six in the case with this very letter, for it brought to as pot them. The case with this very letter, for it brought to as pot them.

letter, for it brought to a focus several things I have been wanting to say to you for some time. One of them is this very suggestion of "leading strings."

If you watch the tastes and tendencies of your children you will discover some one or more which can be used as leading strings to guide them in the ways of discipline. It must be something in doing of the daily tasks in a way that was actually done by a clever father of my acquaintance.

This father had told his son all the

perty should benefit by this configura

Surgeons and physicians have a kindly power to guide them. They have a fore-cast of extreme activity. Hospitals will benefit through large bequests. The death of one of the most famous

Friday, December 31, 1915.

Those who read the stars find this to be an uncertain day, but the principal sway is adverse. Although Mars and the Sun are in benefic aspect, Uranus, Venus, Neptune and Jupiter, exercise an evil power.

It is a particularly unfavorable time for filritations and love affairs. Women may be easily deceived while this configuration prevails.

Romance is subject to mercenary leadings, the seers deciare, and men should be cautious lest they be married for wealth or social position.

This is not a favorable day for bankers, brokers, lawyers and educators. They would better delay important affairs and prepare for a new year stress.

Shipping is subject to unlucky conditions today. Travel by land or sea is not well directed.

Men connected with military or civic ormalizations that protect life and pro-

Price, 15 cents. Skirt No. 5978. Sizes, 14 to 20 years. Price, 15 cents. te. right, 1988)

Conducted by Mrs. Charity Brush

LEADING STRINGS.

We usually speak with a touch of contempt of the child who is in "leading strings;" but, let me tell yot, dear mothers, that those of you who have not provided yourselves with a set of these guiding lines for your children are without something which is necessary in your business.

Children can be trained only in_one of two ways—by leading strings or by the whip. Which method do you thoose? If you still direct your ways acceptance from the little boy. So when ose? If you still direct your ways acceptance from the little boy

Answers to Correspondents.

Mrs. I. B. writes from Arkansas: "My little girl of eight already has corns on her feet. I thought only older people had them. What must I do about it." "Corns" are caused by ill-fitting shoes. Get suitable shoes of a proper size and the callous space will disappear.

and Mrs. Howard H. Leytus, Col. and Mme. Vignal, Mr. Johnannessen, the Counselor of the Chinese Legation and Mme. Kwai, Mr. Yih, Mr. Carlos Acuns, Mr. Sanches Latour, the Turkish Charge d'Affaires and Mme. Bey, the Secretary of the Brixilian Embassy, the Charge d'Affaires of Argentina and Mme. Quintans, Mr. de Hedry, the Charge d'Affaires of Greece, Mr. Luis Churion, Commander and Madame Martin, Mr. and Mrs. Roberto Chappuscan, Mr. Paulo de Godoy, Mr. Alfonso Washington Pezet, Mr. Hugo V. de Pens, Mohsen Kahn, Mr. Loris Melikoff, Mr. J. C. Coronado, Mr. Nabutaro Kawashima, Mr. Charles Symon, Mr. Francisco Escobar, Tulio Ospina, Mr. and Mrs. Ben G. Davis, Mr. Fine, Mr. and Mrs. Ben G. Davis, Mr. Fine. Ospina, Mr. and Mrs. John E. Marsden, Mr. and Mrs. Ben G. Davis, Mr. Fine, Judge Gray, Mr. and Mrs. Antonio Batres Jauregui, Mr. M. Escobar Larrazabal, Mr. Leopoldo Montejo, Mr. and Mrs. Alberto J. Godey, Col. and Mrs. McIver, Lady Barlow and Mr. Barlow, Mr. Inot Brashear, Mr. Elliot, Miss Elliot, Adrian Recines, Rear Admiral Juan A. Martin, Mr. and Mrs. Frederick E. Chapin and Mr. Rento, Javier, Perez-Verdia. Benito Javier Perez-Verdia.

party in honor of some of the visiting delegates to the Pan-American Congress. Among her guests were Mr. and Mrs. Frank Hederick, Dr. Torres Umana, Mr. Cesar Andrade, Dr. Julio Acosta, and

Martinez, Miss Maria Hanneburg, Dr. Juan Guiteras, Dr. Manuel Gamio, Dr. Justo Gonzales and the Misses Gonzales.

point of officiency if we ourselves are fit to be counted in with the roll of God's workmen. The rod theory should be definitely discarded, relegated to the scrap heap, along with the rest of the worn-out machinery that has served its turn in the weaving of our social fabric.

Buggy riding alone with young men. The guests included a number of young many of the married people, most of them debutantes, the daughter. There are other forms and many of the friends of Mr. and Mrs. Kauffmann's young sons, Sam and Philip people together that offer less temptation to flirtation than the lonely buggy for the holldays. The ballrooms were elaborately decorated in Christmas colors. Dancing began at 11, and at midnight a

DAILY FASHION HINT



MODES FOR THE BEST-DRESSED GIRL.

A white velvet frock sounds startling, but it looks lovely, as may be seen from the first design. There is a plain, full circular skirt smartly trimmed with a band of black fur, and with the skirt is worn a velvet blouse, not only fur trimmed, but daintily stitched with narrow black slik braid. The blouse is worn over a guimpe of heavy silk and widely belted with the same materials. Soutache braid trims the ends of the sash, and in medium size the frock re-

quires 4 yards 48-inch velvet. 1% yards 36-inch satin and 6 yards fur banding. Nothing makes up the second frock more effectively than whincord African brown being used in this instance. There is an underblouse of brown silk. while the large armholes, the belt and lower edge of the skirt are trimmed with plain but handsome brown silk braid. The dress, in medium size, calls for 3 1-5 yards 54-inch whipcord, 2 yards of satin and 7 yards of braid. First Design: Pictorial Review Blouse No. 0237. Sizes, 14 to 20 years.

Braiding No. 11452. Price, 15 cents. Second Design: Costume No. 6383. Sizes, 14 to 20 years. Price, 15 cents.

> Pictorial Review Patterns On Sale at S. KANN, SONS & CO.

High Grade—Not High Priced

END-OF-THE-MONTH SALE

We will place on sale today groups of odd garments left from the busy selling of the past mont Our policy does not permit us to carry into a succeeding season even a single garment. We have marked these garments at prices that will effect immediate clearance.

27 Dance Frocks	\$15	Were	-	to	\$40	
19 Evening Growns		44	u	"	\$75	
11 Silk Afternoon Gowns		Were	"	**	\$35	
11 Silk and Serge Dresses		**	44	"	635	
9 College Girl Serge Frocks		44	"	"	\$18 \$35	
23 Winter Suits	\$10	44	"	*	\$35	
21 Winter Coats		44	44	"	\$25	
17 Winter Coats		**	"	"	\$30 \$15	
15 Trimmed Hats		**	**	**	\$15	
72 Silk Waists		**	**	**	\$8 \$4	
112 Cotton Waists		**	"	"	\$4	
17 Silk Petticoats		Were			.\$5	
9 Serge Skirts		"			.\$7	
7 Satin Skirts	\$3.95	44			\$12	
5 Cloth Skirts	\$3.95	"			.\$8	

1210 F STREET

a dinner party last evening for the supper was served, and the party con-American distinguished delegates to
Congress, having among her guests
Gonzales Majia, Dr. Francisco Camlast of the guests departed.

Mr. Gonzales Majia, Dr. Francisco Campusano, Rear Admiral Juan A. Martin, Dr. Carlos Bunge, Mr. Jose R. Villanion, Dr. Andrian Reculos, Col. Bengorchea, Dr. Fausto Davila, Mr. A. R. Fontocha, Dr. Eusebio Ayala, and Dr. Brunp Gugliari.

Representative and Mrs. Thomas B. Dunn entertained at a large dinner party, among their guests being Mr. Ernesto Nelson, Dr. Constant Larquin, Mr. Louis Lands, Dr. M. A. Vestes, Dr. Bernado Etchepare, Miss Etchepare, Dr. Charles Chandler, Miss Virginia Walls, daughter of Mrs. Assistance of Mrs. Carmen Pinellos.

guest of her monther, Mrs. Dallas Bache Wainwright, Miss Wallis' aunts, the Misses Mitchell, presided in the dining-

Mrs. A. D. Sage and Miss Sage, of New York, arrived at the Shoreham yesterday, where they were Joined by Mr. L. A. Sage, who came in from The Plains, Virginia, to pass the remainder of the holiday season.

Assistant Secretary of the Navy and Mrs. Franklin D. Roosevelt were among the dinner hosts of the evening, who entertained the pan-American guests. Among their guests were Mr. Thomas Varela. Dr. Ricardo Laspiur, Mr. Jose Gaivez, Dr. Diego Martinez, Miss Telesa Maud Parker and Miss Dorothy Campulan Guiteras, Dr. Manuel Gamio, Dr. Juan Guiteras, Dr. Manuel Gamio, Dr.

Juan Guiteras, Dr. Manuel Gamio, Dr. Justo Gonzales and the Misses Gonzales. Mr. and Mrs. Hennen Jennings entertained at dinner at their residence in Massachusetts avenue also in compliment to a number of the official delegates to the Pan-American Congress.

Mr. and Mrs. Victor Kauffmann entertained at a dance at Rauscher's last evening in compliment to Miss Ruth Lester, one of the season's debutantes. The guests included a number of young the season's debutantes. The guests included a number of young the season's debutantes.

Mrs. Ezra Koon was hostesa to a bridge party yesterday afternoon at her apartment in the Dresden. Additional guesta were asked for tea. Mrs. Beale R. Howard and Mrs. Charles Long presided at Among the Washingtonians in New

Mrs. Francis S. Nash entertained at luncheon yesterday afternoon. The table decorations were poinsettias and Richmond roses. The other guests were Mrs. J. R. Aleshire, Mrs. Frak Anderson, Mrs. William C. Braisted, Mrs. J. C. Boyd. Mrs. William H. Brownson, Mrs. Delos Blodgett, Mrs. T. A. Baldwin, Mrs. Bristol, Mrs. Henry V. Butler, Mrs. W. E. Stafford, 2229 Mt. Pleasant street porthwest. Mrs. Willard H. Brownson, Mrs. Delos Blodgett, Mrs. T. A. Baldwin, Mrs. Mark Bristol, Mrs. Henry V. Butler. Mrs. Adelaide Worth Bagley, Mrs. George Barnett, Mrs. Fred E. Chapin. Mrs. Thomas Chatard, Miss Martha Cod-Mrs. Thomas Chatard, Miss Martha Codman, Mrs. Thomas D. Dunn, Mrs. Henry
W. Farnum, of New York: Mrs. Henry
D. Flood, Mrs. F. F. Fletcher, Miss Amaryllis Gillett, Mrs. J. H. Glennon, Mrs.
Archibald Gracle, Mrs. Robert Hinckley, Mrs. Richard Harlow, Mrs. John
Hood, Mrs. William Haywood, Mrs.
William P. Hall, Mrs. Perry Heath,
Mrs. Charles T. Hutchins, Mrs. Paul
Johnson, Miss Bessie Kibbey, Mrs. James
Hamilton Levie the Misses Lander.

The president of the Washington Society of the Archeological Institute of
America. Dr. Charles D. Walcott, and
Mrs. Walcott, will give a reception for
the members and indies of the International Congress of Americanists in the
main hall of the Smithsonian Building
from 5 to 7 o'clock this afternoon.

The College Women's Club will hold a
reception this afternoon from 3 to 5:30 at Johnson, Miss Bessie Kibbey, Mrs. James Hamilton Lewis, the Misses Lansing, Mrs. William D. Leahy, Mrs. Bowman McCalla, Mrs. Albert L. Mills, Mrs. Montgomery McComb, Mrs. Malcomb McConnihe, Mrs. James R. Mann, Mrs. C. C. McChord, Miss Virginia Miller, Mrs. Frank L. Picadwell, Mrs. J. Willard Raggdale, Mrs. Samuel Reber, Mrs. Mrs. Frank L. Pleadwell, Mrs. J. Willard Ragsdale, Mrs. Samuel Reber, Mrs.
Presley M. Rixey, Miss Helen Rodgers,
Mrs. Stephen O. Richey, Mrs. Swager
Sherley, Mrs. John K. Shleids, Miss
Heien Stewart, Mrs. Charles Spaulding,
Mrs. Claude Swanson, Mrs. Robert
Fitch Shepard, Mrs. Robert Taver, Mrs.
T. De Witt Talmadge, Mrs. Joseph E.
Thropp, and Mrs. Henry Wiley.

Miss Valarie Padelford entertained a luncheon company of eight covers in the Rose Room of the Shoreham yester-

Representative and Mrs. Thetus W. Sims, of Tennessee, entertained at a charming tea dance at Rauscher's yesterday afternoon to introduce to seciety their daughter, Miss Marie Sims. Sien-der fir trees and Southern smilax deco-rated the ballrooms and pink roses adorned the tea table, and were placed debutante were a dainty gown of white tulle, draped over a petticoat of silver lace. The bodice was of tulle and the spoon. Chill both pulp and beauty and

and Miss Isabel Beury and Miss Louis Beury, of Charleston, W. Va., who are Miss Sims' guests.

Mrs. S. Hubert Dent, jr., wife of Representative Dent, of Alabama, gave a luncheon yesterday at her apartment in the Rochambeau. The guests were Mrs. Joseph W. Folk, Mrs. John E. Osborne, Mrs. Ben Johnson, Mrs. Mary Schluter, Mrs. Wilton Lambert, Mrs. Ollie James, and Mrs. Walter Wells.

This is the first of a series of luncheons which Mrs. Dent has planned to give during the season. She will give another this afternoon.

Dr. and Mrs. Louis Greene entertained party yesterday afternoon for their son and daughter, Miss Anne Carter Greene and Master Julian Burke Greene. The house was decorated with Christmas Mr. and Mrs. Goddard and their two children, of New York, were among yesterday's arrivals at the Shoreham, where they will pass several days.

There was a real Santa Claus, who distributed from the pack on his back horns, drums, candy and various presents for the little guests. Little Miss Greene wore a costume representing Titania, queen of the fairles, while Mas-

Dr. Nicholas Murray Butler enter tained forty-five men at luncheon at the Metropolitan Club yesterday, his guests being a number of the distinguished visitors in Washington for the Pan-American Congress and several promi-

Prince Rupert, British Columbia, with her infant daughter has arrived in Wash-

Mrs. Morton J. Henry, well known in Archael Mrs. Morton J. Henry, well known in are Captain W. S. Shields, Mr. and Mrs. arrived from her home in the former Morales, Minister from Pansama, and the city to pass several days at the Shore- Misses Margaret and Anita Hubbell, who Mrs. Daniels, wife of the Secretary of the Navy, was the guest in whose honor Mrs. Francis S. Nash entertained at Hotel Astor for the holidays.

street northwest.

The president of the Washington So-

Orange Basketa. Orreal and Cream. Creamed Fish. Raised Biscuits. Coffee LUNCHEON OR SUPPER. Sardines.

Bread and Botter Sandwich
Tea.

Lemon Jelly.
Fig Cake.

DIXXER Consonme.
Roast Turky.
Brown Sweet Petatoes.
Mashed Potatoes.
Moled Onlinus.
Cranberries.
Olives.
Grapefruit Salad.
Minos Pie.
Raisins. Nuts.

1106 G Street

BIG SALE

TODA Y Winding Up The Old

Year

65 Suits--All Materials, \$10 Sold to \$25, Today . . \$10 85 Cloth and Velvet Suits Fur-trimmed, Tailored and Dressy Models Sold for \$25 to \$49.50

Table

Services for

Entertaining

VERYTHING that pro

large and varied assortment of

Sterling Silver, Fine English Plated Silver

Trays,
Best American Silver-plated
Tableware,
Fine Table Cutlery,

American Cut Glass and Rock Crystal, English Rock Crystal, Rich Gold-decorated

Glassware,

Service and Course Plates,

Complete Sets of Table

China, Etc.

Dalin & Martin Co

1215 F St. and 1214-18 G St.

A

Real

Bargain

Treat

Today, \$15, \$19.75, \$25, \$29.50

The Smartest Coats Formerly \$15 to \$40 Today \$9.50, \$15, \$19, \$25 50 Dresses -- Many Styles, \$ 6.75

Formerly to \$18, Today Furs At Big Reductions

50 Trimmed Hats-One of a Kind-

Formerly Sold to \$12—Today......\$3.50 Hundreds of Bargains in Our Waist Dept. BROKEN LINES FROM OUR HOLIDAY SELLING

Crepe de Chine, Georgette Crepe, Stripes, Laces, Lingeries \$1.98, \$2.98, \$3.98, \$5, \$7.95

All These Lots on Tables

Broken and Mussed Lots Silk and Lingerie Waists and

PRACTICAL HEALTH TALKS O Lillian Whitney. MD (

Dr. Whitney's popular articles on health and beauty subjects in several leading magazines have been attracting marked attention for a num-ber of years. No other writer on similar topics is better equipped for the work, for Dr. Whitney has established an enviable reputation as a specialist and is endowed with the ability to make herself early understood by her readers. She will answer all letters relating to her department as promptly on possible. All letters should be accompanied by a stamped envelope and should be addressed care of this paper.

Can You Be Proud of Your Back?

(Copyright, 1955.)

A perfect back is straight and flatit is also wonderfully expressive. While each nation has its characteristic back.

standing and sitting all tend to improve or injure the back. When lounging is habitually indulged in, or the weight of the body constantly thrown one one set they all unite in expressing poise, grace, dignity and intelligence. The back of the Venus le Milo, marvelously shaped, is heavier than our standard of today. The back must be properly proportioned to the size of the body, with the shoulders slightly wider than the hips. In this respect we also differ from the ancient Romans and the Greeks, who admired secrets the straight column with its respect we also differ from the ancient Romans and the Greeks, who admired secrets the straight column with its spect we also differ from the ancient Romans and the Greeks, who admired breadth, width. However, a perfect model for the male of today who desires to mold his form in classic lines is the study of "The Winged Mercury," but we have grown so far away from Greek ideals of female beauty that were a statue of Venus or Aphrodite to glow with life we would admire the wonderful outline of form and face, but would be repelled by the cold, selfish and heartless character it presented. The effect produced would be similar to that of Tennyson's Maud:
"Faultily faultiess, icily regular, splen-"those bundles of muscles on the stretch, limbers up and renders supple those bundles of muscles on each side of sprinkle the pulp with sugar, pile in "Faultily faultiess, icily regular, splen-

spon. Chill both pulp and baskets, spon. Chill both pulp and baskets, sponlace. The bodice was of tulle and the girdle was of tulle and the girdle was of silver. She carried a quaint colonial bouquet of sweetheart roses and other thny blossoms in a lace holder. Mrs. Sims' costume was of pale gray tulle, over a foundation of gray sating and lavishly trimmed with crystal and jet. She wore a corsage bouquet of or orchids.

Rosst turkey. Southern style—The bird is prepared as usual, but the first stuffing is of oysters, and the cooking programmer. Mrs. John K. Shields, Mrs. James R. Mann. Mrs. Hampson Gary, Mrs. James R. Mann. Mrs. Hampson Gary, Mrs. James R. Hurley, Mrs. William L. Beale. Mrs. Louis Brownlow, Mrs. William Joyner, Miss Stidney Burleson. Miss Lucy Burleson, Miss Jeannette Cowan, Miss Josephine Shields, Baroness von Winkler, Miss. Elikabeth Hamilton. Miss Katherire Beach. Miss Ruth Lester, Miss Beatrices Dulin, Miss Elike Lefeune, Miss Marrier Helms bold, Miss Elikebeth Kingsbury, Miss Amy Bannett, Miss Hidagarde Hurley, Bannette Bannette

stretch, limbers up mid renders supple those bundles of muscles on each side of the lumber region called the erector